



ROYAL AUSTRALIAN COLLEGE OF SURGEONS (RACS)
TEAM VISIT

BACAU, EAST TIMOR

November 16 - 24, 2012

Team Leader's Report

Mr. Yugesh Caplash

Plastic Surgeon

INTRODUCTION AND OVERVIEW

We arrived in Dili on the morning of the 17th November.

Dr. Eric Vreede, RACS Team leader, was there as usual and after a good breakfast we saw two patients before leaving for Bacau.

The road has deteriorated with dirt tracks and even bigger potholes but Pat Moran (anaesthetist) negotiated these well and we arrived safely in Bacau.

After a quick check in at our accommodation we went straight to Bacau hospital to see patients and book for surgery. A few patients came in later and were booked in for surgery during the week.

Julia Souness was our local interpreter and she was excellent in helping us through with explanations and booking the patients for admission and surgery.

The highlight of this trip was that Dr. Joao Ximenes (a local trainee plastic surgeon) arrived on Monday was with us for the whole week, participating in the surgical management of the patients. I was able to discuss and teach Dr. Ximenes the principles of cleft lip and palate repair, local flaps, z plasty and skin grafting contracture release. He operated on some of the patients under my

guidance and I found him to be a good operator and able to grasp the principles of the specific procedures quite well.

In all we saw 50 patients and undertook 31 operations.

All operations went off well and all the patients had an uneventful recovery.

We did have some difficulties with the autoclave settings resulting in two trays melting but luckily the instruments did not stick in the melted plastic. It is always a challenge to keep busy local staff up to date with technical information such as recommended machine settings.

Local nurse anaesthetists were helpful and useful and their skills improved as the week progressed. All patients had satisfactory recovery with the help of nurse anaesthetists, oximetry, oxygen and suction available.

A local paediatrician helped organize a cardiac ECHO for a patient with Systolic bruit (Atrial septal defect).

After checking on all the patients on Friday morning, we drove back to Dili where we had a lovely dinner with Dr. Eric Vreede and Dr. David Schoemaker and others and I was able to give feedback on Dr. Ximenes progress.

Overall it was a very satisfying trip and I was able to help Dr. Ximenes with his training.

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RACS Team

Dr. Yugesh Caplan	Plastic Surgeon/Team Leader
Dr. Joao Ximenes	Trainee Plastic Surgeon
Dr. Patrick Moran	Anaesthetist
Mrs. Elizabeth Mazzei	Nurse

BACAU HOSPITAL Team

Interpreter

Julia Souness

Nurse Anaesthetists (Enfermeiru anestetista)

Valero

Francisco

Alcino

Ancelmo

Antonio Boss

Instrument Nurses (Enfermeiru instrumentista)

John

Mateus

Regina

Battista

Jesuina

Summary of Clinical Activities in Bacau Hospital

16 – 23 November 2012

Total Patient Consultations – 50

Total Surgical Procedures - 31

Unilateral cleft lip repair – 13

Revision cleft lip repair – 1

Bilateral cleft lip repair - 2

Palatoplasty – 2

Release burn contracture multiple z plasties and skin grafting – 4

Release amniotic bands z plasties leg and hands - 1

Removal sebaceous cysts – 4

Neurofibroma excisions face and thigh – 2

Serial excision neavus forehead – 1

Excision epidermal neavus scalp -1

Anaesthetics notes (Dr Pat Moran)

Theatres air con just ok

Anaesthetic machine adequate-no change

Ventilator Ulco EV500 needs repair or replacement

Monitor SaO2 ECG NIBP good

Laryngoscopes ok

Halothane supplied

Oxygen supplied

Suction ok

All other drugs taken but there is some supply available if required

L/M mostly available but take one of each size

ETT RAE mostly available but take one of each size you need

All masks and guedels ok

Syringes 2, 5, 10x 50, 20x20

Cannulae 24g, 22g, 20g all available

IV fluids available

Giving sets available but I add x30 Baxter interlink extension sets and take x100 green interlink cannulae to limit needle use

25g, 23g needles available

Alcohol spirit available for topical cleaning

All in all a busy effective safe and enjoyable visit