



TEAM VISIT

St Damain/ St Rafael

Cancar, Manggarai, Flores

13 – 18 July 2013

Team Leader's Report

Orthopaedic Surgical Team

Team Leader

Dr. Colin Whitewood

Team Members

Dr Colin Whitewood	Team Leader, Orthopaedic Surgeon
Dr Jerome Wisniewski	Anaesthetist
Paula Karra	Theatre Nurse
Dr Olivia Santoso	Interpreter/Coordinator from Jakarta

Indonesian Counterparts/Trainees

Dr Heri Suroto	Orthopaedic Hand Surgeon from Surabaya
Dr. Tri Wahyu Martanto	Paediatric Orthopaedic Surgeon (Surabaya)
Dr. Theri Effendi	Orthopaedic Surgeon
Dr. Ira Pitaloka	Specialist Anaesthetist
Dr. Marlon Richart Abuno	5 th year Anaesthetic Trainee
Dr Johannes Peter Sitanggang	final year Orthopaedic trainee
Dr. Raditya Bagus Parama Bambi	fourth year Orthopaedic trainee

Local Medical Practitioners

Dr. Albert Hartuno	Resident doctor St Raphael's Hospital, Cancar
Dr Lily	Resident doctor St Raphael's Hospital, Cancar
Dr Julious	Resident doctor St Raphael's Hospital, Cancar

Introduction

Dr Colin Whitewood's Orthopaedic team from Perth visited Cancar on 13 – 18th July 2013.

Following on from our successful 2012 visit, we again collaborated with Dr Heri Suroto (Orthopaedic Hand Surgeon) from Surabaya and an accompanying team of specialist doctors and trainees.

We were delighted to be joined by three local medical practitioners; Dr. Albert Hartuno, Dr Lily and Dr Julious who were all working as resident doctors at the adjacent St Raphael's Hospital. The whole visit was heavily based on teaching at every opportunity.

This trip was significantly enhanced by the attendance of the doctors from Surabaya on the Saturday and Sunday clinics. Their assistance in making the difficult decisions about who to operate on as well as their knowledge of regional health services was greatly appreciated and facilitated the on-referral of specific cases to appropriate regional centres.



From left to right: Nurse Paula Karra, Dr Colin Whitewood, Nurse Doni, Ferdi Jelalu (front), Dr Jerome Wisniewski (rear), Nurse Sabina, Dr Ira Pitaloka, Nurse Ernawati, Dr Marlon Richart Abuno, Nurse Ida, Dr Johannes Peter Sitanggang, Dr Theri Effendi, Dr Olivia Santoso, Dr Tri Wahyu Martanto and Dr Heri Suroto

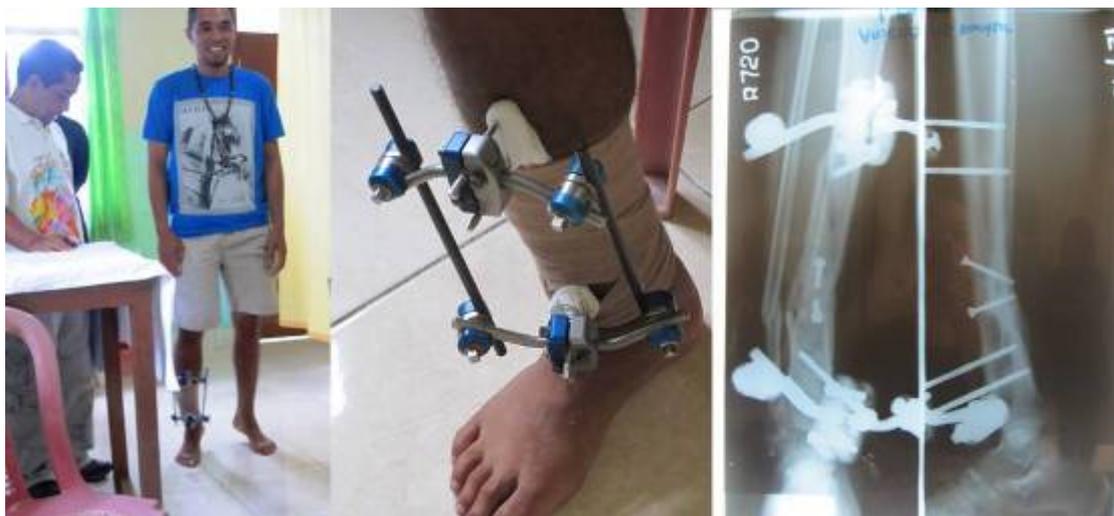
Summary of Clinical Activities, Cancar St. Damain/St.Raphael Hospital

13 – 18 July 2013

Fifty eight consultations were undertaken and the orthopaedic trainees were put through their paces as the consultations were initially carried out by them with three specialist surgeons overseeing their performance before all the surgeons discussed the likely diagnoses and formulated treatment plans.

The patient mix was along the same lines as previous years with several congenital talipes equino varus, some mal-united fractures and some chronic injuries that we were unable to help with surgical intervention.

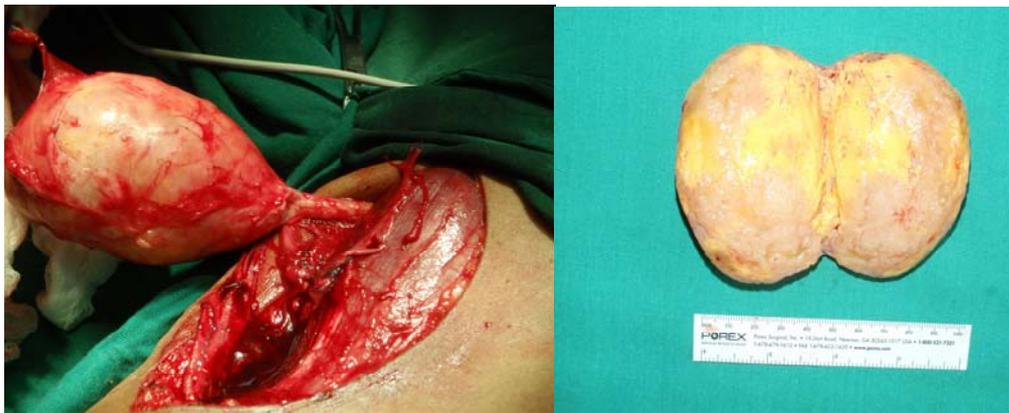
It was delightful to have one of the patients who last year had a tibial external fixator applied and was now walking on his united tibial and both he and his wife were excited at the prospect of having the frame removed (see below).



Fourteen operative cases were performed during the 4 days of surgery without mishap.

Two malunited fractures were addressed: one femoral shaft fracture for leg length discrepancy and one distal radial shaft fracture for ulna impaction. One patient returned from last year's visit with an external fixator on his tibia having successfully united an open, comminuted fracture

The most challenging case of this visit was a gentleman who presented with a painful mass in his posterior thigh that had been growing in size and tenderness for the last two years. With no imaging available except basic xrays, intense discussion and consideration ensued but we eventually decided that excision of the mass was indicated and could be safely performed at St Damien's. The lesion appeared to be a large solitary neurilemoma of the posterior tibial component of the sciatic nerve.



Posterior thigh lesion being excised on left, Cut surface on right.



*Dr Raditya Bagus Parama Bambie (fourth year orthopaedic trainee)
obtaining a patient's history in the outpatient clinic*

Conclusion

As always we were very comfortably accommodated, amply fed and made to feel like very special visitors by the Nuns and all the staff in Labuan Bajo and in Cancar.

Special thanks to Bethesda Hospital (old equipment, bandages etc.), Joondalup Health Campus (a lot of old equipment), St John of God Hospital (pharmacy items), and Smith and Nephew (casting materials).



*Left shoulder dislocated for 1 year following motor vehicle accident.
Note peri-scapular muscle wasting.*